

## WHAT'S COMING UP

### February 1st

National Freedom Day

### February 2nd

Groundhog Day

### February 7th

Rose Day

### February 9th

National Pizza Day

### February 11th

Super Bowl Sunday

### February 13th

Mardi Gras

### February 14th

Valentine's Day

### February 17th

National Random Acts of Kindness Day

### February 20th

National Comfy Day

### February 22nd

National Margarita Day

### February 28th

National Pancake Day

### February 29th

Leap Day

## FEBRUARY 2024 NEWSLETTER



### *Dear Residents and Families,*

It is an honor to be joining the team at Riverwood Senior Living as the new Executive Director. Long Term Care has been my career for the past 35 years and I look forward to continuing my work in this field. I am committed to providing the highest quality of care and services to our residents and their families. I am excited to work with our dedicated staff to ensure that our community continues to be a warm and welcoming home for all and that our Mission Statement is carried out every day.

### **Our Mission is to:**

**Serve** our residents and families while

**Engaging** in relationships,

**Respecting** individuality and

**Valuing** the contributions of those who

**Evolve** our care every day

I look forward to getting to know each of you and hearing your thoughts and ideas. Please feel free to stop by my office or give me a call if you have any questions or concerns.

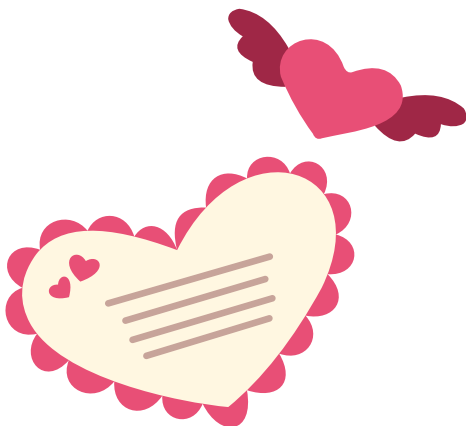
Sincerely,

**Jeanine Brooks,**

*Executive Director*

### *Friends Make the Best Neighbors*

Would you like a free\* month at Riverwood? Don't forget about our "Friends Make the Best Neighbors" promotion! Invite your friends to move into our community and receive a free month or a check for \$2,500 for each referral who becomes a resident. \*Referring residents will be paid out 60 days from the move-in date.





## New Year's Celebration

Residents enjoyed a performance by Donny Hammonds to celebrate the New Year! We welcomed 2024 in style!



## Karaoke with Trina Robbins from CenterWell

Our residents enjoyed singing and dancing to their favorite songs!



## Trouble Tournaments

Riverwood residents love their Trouble Tournaments! We mean business when it comes to our Trouble game! We have so much fun and show no mercy! It's all in fun and we have a ball. Laughter fills the air! If you have never played Trouble, you need to! Just ask our residents!



## Family Connection Celebration at Riverwood!

We enjoyed a delightful lunch, photo opportunities with our families, decorated cookies and made memories with our loved ones!



**Lunch Outing to Applebee's**  
February 7th from 11:30am - 1:00pm

It's Riverwood Day at Applebee's! We'll be "Eatin' Good in the Neighborhood" for sure!



**Super Bowl Party**  
February 9th  
from 2:00pm - 3:00pm

We will be in our favorite team's attire! Residents will enjoy tailgating and talking a good game! Come join in the Super Bowl celebrations!



**Mardi Gras Celebration**  
February 13th  
from 2:00pm - 3:00pm

Riverwood will celebrate Mardi Gras in style! We will have live music, dancing, great hor d'oeuvres and residents will be wearing their beads! It's going to be a great time!



## Valentine's Celebration

February 14th

from 2:00pm - 3:30pm

We will be crowning the King & Queen of Riverwood, enjoy light refreshments and have fun making Valentine cards for our favorite neighbors. Celina Russell from Tapestry Hospice will assist in sponsoring the event. Be sure to wear your red!



## Lunch Outing to Outback Steakhouse

February 15th

from 11:30am - 1:00pm

It's Riverwood's Day at Outback Steakhouse in Rome, Ga! Residents will enjoy Bloomin' Onion and "shrimp on the barbie!"



## National Pancake Day at IHOP

February 28th

from 11:30am - 1:00pm

Residents will get to enjoy their favorite pancakes!



## Riverwood Family Connection Celebration

February 29th

from 12:00pm - 2:30pm

We will have live entertainment, light refreshments and fellowship! Come join in the celebration!



## William “Bill” Culpepper

Mr. William “Bill” Culpepper is 90 years old and was born on January 6th in Eufaula, Alabama. Bill was married to the late Katherine Culpepper. They had three children together: two daughters and one son. Bill is a U.S. Army Veteran and served his country for two years.

Mr. Culpepper worked as a State Farm Insurance Claim Adjuster for many years until his retirement. He is a dedicated member of his church. He enjoys fishing and being an avid joketeller, but most of all, he enjoys spending quality time with his family, grandchildren and great-grandchildren. Mr Culpepper is a diehard Alabama Crimson Tide fan and you can often hear him say, “Roll Tide Roll!”

### WELCOME NEW RESIDENTS!

Charles O’Hearn  
Jural Avery  
Jackie Fischer



# Happy birthday



### Resident

Peggy Brock Feb. 7th  
Charles O’Hearn Feb. 8th  
Cynthia Fennel Feb. 9th  
Leon Mclaughin Feb. 14th  
Carol Ayers Feb. 27th  
Gloria Lawarina Feb. 28th

### Employee

Jeanna Brown Feb. 14th  
Samantha Waddell Feb. 17th  
Corinne Tomaine Feb. 21st



## FUN FACTS

- » February fluctuates between 28 and 29 days per year. The 29th day occurs every 4 years, during leap years.
- » February was officially added to the Roman calendar in 713 B.C.
- » The length of February was finalized when Julius Caesar remade the Roman calendar and assigned the month 28 days and 29 days.
- » If you were born in February, your birthstone is an amethyst, and your flower is a primrose.
- » Over time, the length of February kept changing. At one point, it had as little as 23 days.
- » In the Northern Hemisphere, February is the third month of winter. Meanwhile, in the Southern Hemisphere, February is the last month of summer. Between the North and South Hemispheres, February is the equivalent of August.
- » The name of February comes from the Latin word “Februum,” which means purification.
- » February was named after a purification ritual which was like an early Roman spring cleaning festival.
- » In Welsh, February is sometimes known as “y mis bach,” which means “little month.”
- » January and February were the last months added to the Roman numeral calendar.
- » The Saxons called February “Sol-monath” which means “cake month,” because they would offer cakes to the gods during February.
- » Of all the words you can misspell, February is one of the most misspelled words in the English language. Even the White House has misprinted the word “February” before in a press release!

WORD FIND

L L I X P Z S B L W N K W M R X H W W K L Q D R G  
 U Q P I U A M E T H Y S T L D X S A Q R O P E H G  
 P H Y J K C Q T R P M C F A A Z J S A O V G V V W  
 E S V E U G R D Z V R Q J Q B T F H F M E B B M E  
 R D F C S H U T T L E I C U T U I I E A N E U O L  
 C X C E K A W K K J U U M A E V F N B N A A O N S  
 A C O L U M B I A C D J B R S B A G R Q D T A A H  
 L M Q D M U G S W P K Z Y I O C A T U R A L B T P  
 I K W M L M L S W F E Q H U E S I O U W W E C H Q  
 A G V F R B B M S T S O L S O S E N M H B S G U E

FEBRUUM  
 ROMAN  
 LOVE

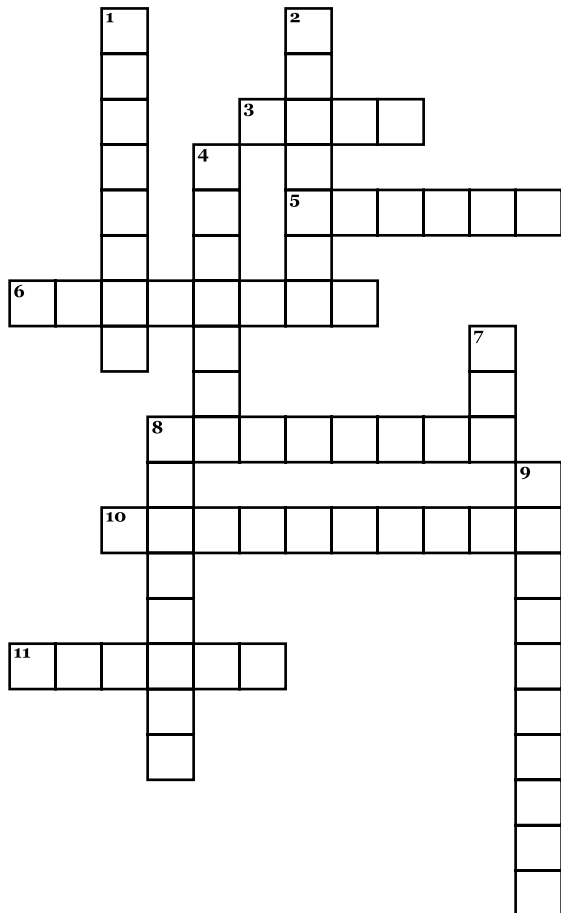
LUPERCALIA  
 COLUMBIA  
 BEATLES

PRIMROSE  
 WASHINGTON  
 SOL

MONATH  
 AQUARIUS  
 AMETHYST

LATIN  
 WELSH  
 SHUTTLE

CROSSWORD



Down

1. Space Shuttle \_\_\_\_\_
2. Famous british band, The \_\_\_\_\_
4. February in Latin
7. Mardi Gras is also known as \_\_\_\_\_ Tuesday
8. One of February's zodiac signs
9. American president George \_\_\_\_\_

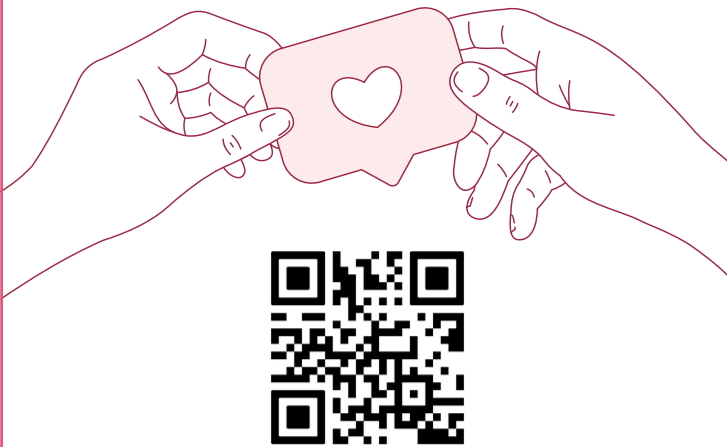
Across

3. "Sol-monath" means "\_\_\_\_\_ month"
5. In Welsh February is known as "y mis bach," which means "\_\_\_\_\_ month."
6. February's birth flower
8. February's birthstone
10. Roman festival of love
11. Roman Emperor \_\_\_\_\_ Caesar

# Stay Connected!

## Join Our Facebook Group

Are you on Facebook? Join our exclusive Friends and Family Group for a fun glimpse into what's happening in our community.



## EMPLOYEE OF THE MONTH

### NATHAN MATHIS



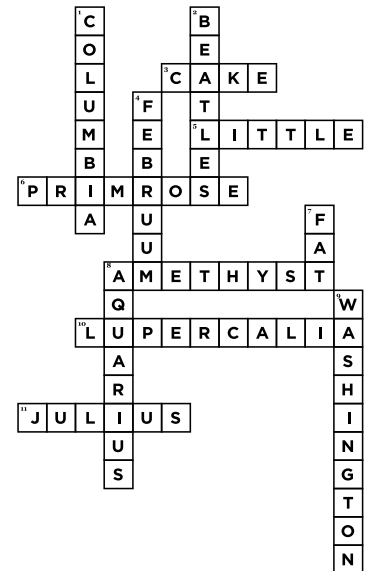
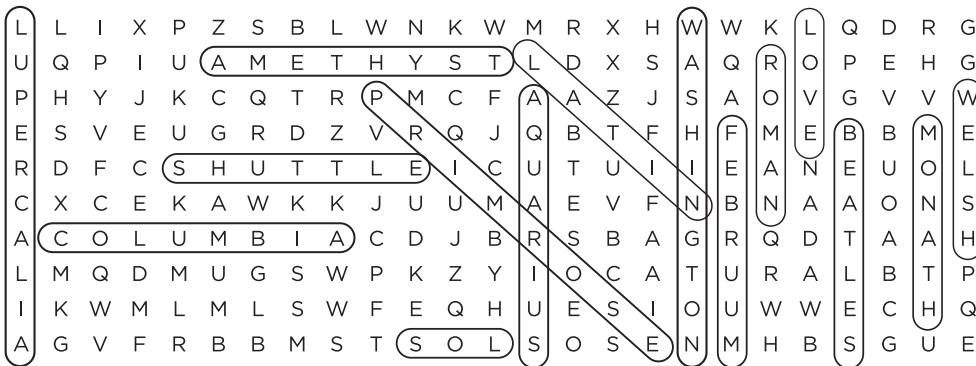
Mr. Mathis is currently attending nursing school at Cumberland University in Lebanon, TN, and is excited about graduating this year. Despite his college schedule, Nathan has been working

with us off and on since 2021. He genuinely stated that the best part about his job is seeing the residents every day. Interacting with them and hearing their stories is what makes Nathan love his job so much.

"They share with me and especially the life advice they give out," he said "because they have experienced so much in life and it's so inspiring to sit down and have a conversation with them."

Thank you so much, Nathan, for the kindness and loving heart you give to our residents. You are truly an asset to our community!

## ANSWER KEY



## CONNECT WITH US

[Facebook.com/RiverwoodRetirementRome](https://www.facebook.com/RiverwoodRetirementRome)

[RiverwoodRetirement.com](https://www.RiverwoodRetirement.com)